

# 2025 CTRC SCHEDULE

# **SPRING SEMESTER (18 wks)**

Dates: January 6 - May 17

Registration: December 9 - December 20
TR Group Fees: \$990 (Due in two payments)
TR First Payment \$495 due December 20
TR Second Payment \$495 due February 10

EAT Center Fees: \$720

**NO CLASS DATES** 

Spring Break: March 17 – March 22 Session Break: May 19 - May 31

**SUMMER SEMESTER (8 wks)** 

Dates: June 2 - August 2 Registration: May 5 - May 16

TR Group Fees: \$440 EAT Center Fees: \$320

**NO CLASS DATES** 

Summer Break: June 30 - July 5 Session Break: August 4 - August 20

### **FALL SEMESTER** (15 wks)

Dates: August 21 - December 20

Registration: July 21 - August 1

TR Group Fees: \$825 (Due in two payments)

TR First Payment: \$440 due August 1
TR Second Payment: \$385 due October 3

EAT Center Fees: \$600

**NO CLASS DATES** 

Labor Day: September 1
Fall Break: October 7 - 11
PATH Intl. Conference: Nov. 6-9

Thanksgiving Holiday: November 24 - 29
Session Break: December 22 - TBD

## **INSURANCE AND OUTSIDE FUNDING** Generally,

private insurance/Medicaid will not cover Therapeutic /Adaptive Riding. Employer-offered Flexible Spending Accounts (generally not health care spending accounts), typically will pay for Adaptive Riding and Therapy Sessions. Agency funding and CES Medicaid waivers sometimes pay for Adaptive Riding or Therapy Sessions; talk directly with your case manager. CTRC offers a limited number of scholarships based on fund availability. Applications for scholarships must be submitted one month prior to the start of the session.

# PROGRAM DESCRIPTIONS

Participants are scheduled once weekly (same day and time) for the duration of the semester.

Therapeutic/Adaptive Riding - is recreational horseback riding and horsemanship lessons adapted for each individual's ability. Adaptive riding utilizes mounted and unmounted activities to provide a unique combination of physical and emotional benefits. Adaptive Riding lessons at CTRC are taught by PATH-certified instructors and/or PATH Instructors in Training. (PATH International is the accrediting and certifying body for professionals and services in the field.) These sessions teach participants horsemanship, and by extension, life skills with the purpose of contributing positively to an individual's cognitive, physical, emotional and social well-being.

**Groundwork Classes** - participants work with equines in unmounted activities. Participants are educated on handling a horse from the ground, natural horsemanship skills, and learning about horse and herd behaviors.

#### Fees (3% credit card fees apply)

\$55 weekly fee for group lessons (1 hr. class) \$65 weekly fee for private (30 minutes) \$65 semi-private lessons (45 minutes)

### Occupational/Physical/Speech Therapy utilizing Equine

**Movement** - A treatment strategy conducted by a licensed therapist that utilizes equine movement as part of an integrated intervention program to achieve functional outcomes. Time includes mounting, riding, and communicating with a therapist.

## Fees

Weekly Out-of-pocket Therapist fee \$60 + Center fee \$40 Time: 30-50 minutes/wk

One Time Special Opportunities - On occasion and when possible, CTRC may be able to offer a one time opportunity for individuals that are not able to participate in a full session but wish to experience the benefits of therapeutic riding or groundwork classes. If you are wishing for a one time opportunity, please reach out to CTRC to learn if we can meet your needs.

Fee: \$100 / Time: 30 minutes